



BEHAVIORAL HEALTH SERVICES

Youth Advocate Program, Inc. (YAP) works with over 13,000 youth and families annually in 19 states and over 100 communities. YAP offers a full network of Behavioral Health programs in the home, school, and community aimed at helping youth lead healthy, safe and productive lives. By offering a continuum of interventions, families have the opportunity to maintain consistency and fluency in their natural environments.

YAP's Approach

YAP employs a generalist approach to our work with children, young people and families, drawing from wraparound principles to develop individualized plans that are based on the specific needs and strengths of each family. Our model is uniquely effective and adaptable in meeting trauma-related needs. Specific therapeutic interventions can include Cognitive Behavioral Therapy, Psychotherapy, Behavioral Therapy and others as appropriate.

YAP staff represent varying levels of educational backgrounds, and are licensed in social work and counseling and/or have degrees in psychology and other human service fields.

Referrals can be initiated by the department of social services, court services units, school personnel, physicians, private practitioners, community services boards and individual families, as well as many others. Upon completion of referral, the child and family will begin services in accordance with the Department of Behavioral Health and Developmental Services and the Department of Medical Assistance Services (DMAS) guidelines.

Services

Intensive In-Home: YAP provides intensive individualized services to youth and families in their homes through our Behavioral Health Services. Each youth has an individualized service plan that works to build on the existing strengths of the child and family; develop the young person and family's skills in self-managing areas of need; and connect the family to professional and informal resources in their community that provide support beyond program involvement as needed and desired by the family. Our services are person-centered, include service coordination, and address many mental health needs.

Outpatient Services: YAP also provides office-based therapy to children and families, providing therapeutic modalities that are designed to best meet the unique needs, preferences and hopes of each individual family. Experienced substance abuse clinicians can also provide counseling to individuals with both substance abuse and mental health needs.



For More Information

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DMAS Service Definition

IIH services shall be designed to specifically improve family dynamics, provide modeling, and the clinically necessary interventions that increase functional and therapeutic interpersonal relations between family members in the home. They are designed to promote psychoeducational benefits in the home setting of an individual who is at risk of being moved into an out-of-home placement or who is being transitioned to home from an out-of-home placement due to a documented medical need of the individual. IIH Services provide crisis treatment; individual and family counseling; communication skills (e.g., counseling to assist the individual and his parents or guardians, as appropriate, to understand and practice appropriate problem solving, anger management, and interpersonal interaction, etc.); care coordination with other required services; and 24-hour emergency response.

Eligibility Criteria

