

Wraparound +  
Case Management

Relapse & Recovery Plans

Developmental &  
Behavioral Support

24/7 Crisis Support

Peer Support

Parenting Education

Court Advocacy

Community Connections

Aftercare Groups

Parenting Time

Transportation

# CHILD WELFARE RECOVERY ADVOCATE PROGRAM

Between 2009 and 2012, placement due to parental addiction increased 20% nationally. Research shows that these children stay in placement longer and experience more placements than other children in care. YAP's 0-5 Reunification Program has found that over 60% of children in the program have at least one parent receiving treatment for substance abuse.

Frequently, these parents struggle with other issues, such as mental health disorders, trauma, poverty, domestic violence and others. These co-occurring issues may contribute to both the substance use and the child maltreatment (Testa & Smith, 2009). Evidence increasingly points to a critical role of stress and reactions within the brain to stress, which can lead to both drug-seeking activity and inappropriate caregiving (Chaplin & Sinha, 2013). Effective programming must address all these needs, which is where YAP helps.

## HOW DOES YAP HELP PROMOTE PERMANENCY?

YAP provides intensive, family-focused interventions designed to support the safety and well-being of children whose parental substance use presents a significant risk of harm through in home and community services.

- » **PREVENTION OF PLACEMENT.** YAP services work with parents whose children are at risk of placement due to their substance use to eliminate or reduce their risks while positively connecting the parent with peer supports in the community.
- » **REUNIFICATION FROM PLACEMENT.** YAP services work with parents to prepare for successful reunification from placement to the home, and remain within the home as a support during the transition period to help prevent relapse and promote healthy attachment and relationships.
- » **FAMILY FINDING.** YAP engages in family finding as short and long-term solutions for children whose parental substance use may require removal from the home while also working to safely preserve family attachments and promote parental recovery.

## SUPPORTING PARENTAL SUBSTANCE USE TREATMENT

YAP's model is not a treatment model, but supports the treatment process.



## PROGRAM COMPONENTS

Youth Advocate Program's Child Welfare Recovery Model shares the core features identifiable in all of YAP's programs across the US with additional features tailored to meet the specific needs of both parents and children:



**Rapid Engagement** within 48 hours of referral



**Holistic Assessment** that includes YAP's four tools and the SASSI and SOCRATESv8 and risk screening for developmental delays in children



Development of a **Family Team** of professional and community supports that offer assistance to the family.



**Individualized Recovery and Relapse Plans** that focus on Home, Health, Community and Purpose



**Service Delivery in the family's home and community** for 15-20 hours a week that are flexibly planned around the days and times most needed by families, such as evenings and weekends. Families are engaged in activities that support sobriety, quality of life, family relationships and well-being.



**Nurturing Parenting Program** for Parents in Substance Use Recovery and Treatment for parents



**Seeking Safety** group or individual intervention for parents, which focuses on both trauma and substance use



**Transition and Discharge Planning** that begins a month in advance and results in revisions to the Recovery and Relapse Prevention Plans.

## RECOVERY ADVOCATES

The *YAP Child Welfare Recovery Model* is shaped around the "Peer Recovery Support Services" model promoted by Substance Abuse and Mental Health Services Administration (SAMHSA). Parents are matched with Recovery Advocates, specially trained and weekly supervised individuals with personal or family histories of substance use, who support parents in their recovery and parenting. Recovery Advocates build trust with parents, meeting them where they are in the stage of change and supporting them from within their homes. They coach, mentor, model, share information, connect families with needed or wanted supports, and help facilitate communication and collaboration with the court and other systems that touch the family.

### PROGRAM TARGETS



- » **REMAIN IN HOME:** Children who start at home, stay at home
- » **REUNIFICATION:** Children with the goal of reunification are safely reunified with families or other permanency resource
- » **RE-OCCURRENCES OF MALTREATMENT:** Reduce reoccurrences of substantiated maltreatment
- » **RECOVERY:** Reduce frequency and length of time of parental relapse
- » **FAMILY WELL-BEING:** Measurably improve the family's well-being
- » **PARENTING CAPACITIES:** Improve parenting skills and confidence