

Supporting Adults Struggling with **HOMELESSNESS**



Stable housing is a critical component of wellness and economic security for all adults, but particularly important for those struggling with mental health or health conditions, addictions, trauma and deinstitutionalizing. However, the needs of these vulnerable individuals often become barriers to obtaining secure, permanent housing.

YAP Adult Services engages high and complex need individuals as partners in the path to stability. Through intensive case management and services in the residence and community, YAP Adult Services staff expedite the path to housing security while also connecting individuals with other needed supports in the community.

Program Purpose

- To help prevent homelessness through brokering stable housing and other case management services.
- To shorten length of stay in temporary housing shelters.
- To partner with and empower adults to become self-sufficient and self-advocate for needed services.
- To promote stable permanent housing to reduce the likelihood of future homelessness

Program Components

YAP can work with adults an average of 10 hours a week in the community and within the residence. YAP's strength-based and trauma-informed approach offers the following components:

- Holistic assessment process that addresses all life domains, including residence, health and mental health, employment, education, social, financial, legal, and safety
- The development of a comprehensive individualized plan that coordinates otherwise fragmented services and addresses unmet needs
- Intensive Case-Management and Advocacy to broker services, help with transportation and navigating complicated systems
- Matching with a culturally competent "Advocate" who has extensive knowledge of community resources and how to access them and is able to engage high and complex need individuals
- Flexible Funds that help meet concrete needs such as security deposits and first month's rent, purchase furniture or help with emergency needs such as utilities and food
- Safety Planning and 24/7 Crisis Support

TARGET POPULATIONS

- ▶ Chronically Homeless
- ▶ Re-Entry for Adults leaving Institutions
- ▶ Adults with Chronic Health, Mental Health and Addiction Issues
- ▶ Women with history of Trauma or Domestic Violence
- ▶ Individuals Struggling with Economic Stability